Social, Health, and Well-Being

United Way of Midland

2-Gen – Pathways for Families Measurable Outcomes
Goal: Families are mentally and physically healthy and have the knowledge needed to access resources and services that help them meet their goals.

Target Population	Client Goals	Inputs & Interventions	Short and Medium-term Outcomes	Indicators / Metrics	Outputs / Measurement Tools

Children	**Child physical and emotional health develops appropriately, and needs are met.**	**Support for child to meet their social, health, and well-being goals:**
		• Access and referrals to Subsidized, stable, high-quality Early Childhood Education (ECE) programs.
		• Access and referrals to Out of School Time (OST) programs for school-agers (S.T.E.A.M, At-Risk services, and sports).
		• Mentoring programs
		• Case management services
		• Counseling (Individual / group)
		• Peer support groups or systems (ex: Boys Scouts, Girl Scouts, Junior Achievement, etc.)
			• Improved school performance (grades and achievement)
			• Improved school attendance
			• Less juvenile criminal behavior
			• Increased involvement in their local, national, or global community.
			• Increase respect for themselves and others.
			• Demonstrate a positive sense of self.
			• Build healthy relationship skills.
				Student Success
				• % of # of Children that meets developmental milestones.
				• % of # of Children that exhibit positive cognitive, physical, mental, and social-emotional development.
				   o Physical activity
				   o Nutritious food
				   o Access to medical care or needs.
				   o Access to immediate services or 24/7 hotline (Mental and Health).
					• Access measures.
					• Participation Measures
					• Pre/post-test knowledge.
					• Number of Individuals participating; outputs count
					• Number of individuals meeting treatment plan goals
					• Individuals' surveys to determine behavioral changes.
					• Family surveys to determine behavioral changes.
					• Annual County Health Rankings
					• Closed loop referrals.

Parent (Guardian / Client)	**Parent improves emotional, physical, mental health, and parenting skills to ensure their family can successfully navigate society.**	**Support for parent to meet their social, health, and well-being goals:** • Case management services • Counseling (Individual / couple) • Parenting classes • Parenting support groups • Peer support systems • Social gatherings to reduce isolation. • Service navigation with closed loop referrals to access (Nutritious Food, social services, medical, mental, and/or physical health services).	• Parent satisfaction with services • Measurable skill development. • Improved problem-solving skills. • Improved goal setting and completion skills for self. • Increase respect for themselves and others. • Demonstrate a positive sense of self. • Build healthy relationship skills.	**Parent Success** • % of # of parents with improved emotional support skills. • % of # of parents with Increased knowledge and confidence to maintain a healthy and successful family unit • % of # of parents that have access to immediate services or 24/7 hotline.	• Parent participation and completion rates • Pre/post-test knowledge. • Number of individuals meeting treatment plan goals • Individuals' surveys to determine behavioral changes. • Family surveys to determine behavioral changes. • Reduction in divorce rate • Reduction in out-of-home child placement • Closed loop referrals.
Family Unit *Complementary and reinforcing. aligned with Parent or Child interventions*	**Family relationship is strengthened.**	**Support for family to meet their social, health, and well-being goals (Wrap around family support):** • Case management services • Counseling (Family and group) • Social gatherings to reduce isolation. • Service navigation with closed loop referrals to access (Nutritious Food, social services, medical, mental, and/or physical health services).	• Reduced stress, anxiety, Depression. • Improved parent-child interaction. • Improved goal setting and completion skills for the family. • Increased respect for family unit and others.	**Family Well-being** • % of # of families with increased physical, emotional, mental health, and well-being for all family members. • % of # of families in crisis that have access to immediate services. (ex. Services for shelter, food/meals, and 24/7 hotline for mental / health / social needs.)	• Access measures. • Participation Measures. • Family pre/post surveys for services. • Closed loop referrals. • Meals served. • Shelter nights • Client logs • Closed loop referrals.

2-Gen – Pathways for Families
Strategies for
Social, Health, and Well-Being

1

Increase availability of information that can strengthen families' health and well-being.

This strategy aims to better connect families served through a 2-Gen approach to resources they need to be physically and mentally healthy.

2

Increase availability of physical and mental health supports and services accessible to families served through a 2-Gen approach.

This strategy aims to make it easier for families served through a 2-Gen approach to access physical and mental healthcare services.